

SPRING YOUR CLOCKS FORWARD ONE HOUR, SATURDAY NIGHT!!



PLEASE USE the Grow in Grace Newsletter for your own spiritual growth; and **AS A RESOURCE** to help equip you to MINISTER to others! **Volume 47, No. 9, March 8, 2022** / Southside Baptist Church / P.O. Box 1594 / 1028 South Water Avenue, Gallatin, TN 37066 (615) 452-5951 / **The Grow in Grace Newsletter is a WEEKLY Bible Study**, plus local church news notes—designed first and foremost for members and those attending services at Southside Church; and is sent forth with the desire to aid one and all, (including friends far and wide), in the experience of 2 Peter 3:18. **"But grow in grace, and in the knowledge of our LORD JESUS CHRIST!"**

SOUL CARE! Psychologized Preachers! Psychologists exposing lies of Psychology! AND an EXAMPLE of the SOUL CARE JESUS BRINGS!

About 44 years ago, I was invited to a meeting for pastors, medical doctors, and psychological counselors/psychiatrists. The meeting was called by the 'psycho-pros' and using what today we call a 'white-board' one of them wrote these three words across the top: **BODY! SOUL! SPIRIT!** Well, he had the 'order' backwards, but I thought, this may be worth my while because Paul prayed, "... *I pray God your whole **spirit, soul, and body** be preserved blameless unto the coming of our LORD JESUS CHRIST!"* (1 Thess. 5:23) **HOWEVER, here** is a completely accurate statement of what was said:

1. Medical doctors are to deal with and seek to bring healing to the physical body. **2. Psychologists / Psychiatrists/ Psychiatric counselors** are to seek to bring healing to the SOUL— that is to help with the mind, the emotions, and the will. **3. Pastors, your roll is the SPIRIT** — that is, give people hope of heaven. **He then encouraged us to 'stay in our fields' and to refer folks when we were confronted with people/situations that were out of our fields.** He was especially keen on the belief that they were the EXPERTS when it comes to dealing with issues of the mind, the emotions, and the will. **KEY CHANGES over forty years: In those days,** most of their work would have been psychotherapy, using various theories. **Today,** we are in a world where many in the psychological world, view 'man' as little more than a physical machine to be manipulated or regulated by psychothropic drugs.

AND, FORTY PLUS YEARS LATER— MASSES OF FOLK in the pulpits and pews, (of even conservative Christian America), are big-time psychologized! THIS FACT IS ESPECIALLY INTERESTING BECAUSE A GROWING NUMBER OF PSYCHOLOGIST/PSYCHIATRISTS are exposing the LIES of modern psychology, which many preachers now embrace!

*** **Psychiatrists/Physicians admit— Disorders are not a “Disease!”**

1. “No behavior or misbehavior is a disease or can be a disease. That’s not what diseases are. Diseases are malfunctions of the human body, of the heart, the liver, the kidney, the brain. **Typhoid fever is a disease. Spring fever is not a disease; it is a figure of speech, a metaphoric disease.** All mental diseases are metaphoric diseases, misrepresented as real diseases and mistaken for real diseases.” “There is no blood or other biological test to ascertain the presence or absence of a mental illness, as there is for most bodily diseases. If such a test were developed ... then the condition would cease to be a mental illness and would be classified, instead, as a symptom of a bodily disease.” — **Dr. Thomas Szasz, Professor Emeritus of Psychiatry, New York University Medical School, Syracuse**

2. “There are no objective tests in psychiatry- no X-ray, laboratory, or exam finding that says definitively that someone does or does not have a mental disorder.” “there is no definition of a mental disorder.” “It’s bull—. I mean, you just can’t define it.” — **Allen Frances, Psychiatrist and former DSM-IV Task Force Chairman**

3. “Virtually anyone at any given time can meet the criteria for bipolar disorder or ADHD. Anyone. And the problem is everyone diagnosed with even one of these ‘illnesses’ **triggers the pill dispenser.**” — **Dr. Stefan Kruszewski, Psychiatrist**

4. “Despite more than two hundred years of intensive research, **no commonly diagnosed psychiatric disorders have proven to be either genetic or biological in origin—** including schizophrenia, major depression, manic-depressive disorder, the various anxiety disorders, and childhood disorders such as attention-deficit hyperactivity. **At present there are no known biochemical imbalances in the brain of typical**

psychiatric patients— until they are given psychiatric drugs.” — *Peter Breggin, Psychiatrist*

5. While “there has been no shortage of alleged biochemical explanations for psychiatric conditions... not one has been proven. **Quite the contrary.** In every instance where such an imbalance was thought to have been found, it was later proven false.” “No claim for a gene for a psychiatric condition has stood the test of time, in spite of popular misinformation.” — ***Dr. Joseph Glenmullen, Harvard Medical School psychiatrist***

6. “**We do not have** an independent, valid test for ADHD, and there are no data to indicate ADHD is due to a brain malfunction.” — ***Final statement of the panel from the National Institutes of Health Consensus Conference on ADHD***

7. “The way things get into the DSM is not based on blood test or brain scan or physical findings. **It’s based on descriptions of behavior.** And that’s what the whole psychiatry system is.” — ***Dr Colin Ross, Psychiatrist***

8. “**Psychiatry has never been driven by science.** They have no biological or genetic basis for these illnesses and the National Institutes of Mental Health are totally committed to the pharmacological line. ... **There is a great deal of scientific evidence that stimulants cause brain damage with long-term use,** yet there is no evidence that these mental illnesses, such as ADHD, exist.” “In reality, psychiatric diagnosing is a kind of spiritual profiling that can destroy lives and frequently does.” — ***Peter Breggin, Psychiatrist***

9. “**There’s no biological imbalance.** When people come to me and they say, ‘I have a biochemical imbalance,’ I say, ‘Show me your lab tests.’ There are no lab tests. So what’s the biochemical imbalance?” — ***Dr. Ron Leifer, Psychiatrist***

10. “In short, the whole business of creating psychiatric categories of ‘disease,’ formalizing them with consensus, and subsequently ascribing diagnostic codes to them, which in turn leads to their use for insurance billing, is nothing but **an extended racket furnishing psychiatry a pseudo-scientific aura.** The perpetrators are, of course, feeding at the

public trough.”— **Dr. Thomas Dorman, internist and member of the Royal College of Physicians of the UK**

11. “No biochemical, neurological, or genetic markers have been found for Attention Deficit Disorder, Oppositional Defiant Disorder, Depression, Schizophrenia, anxiety, compulsive alcohol and drug abuse, overeating, gambling or any other so-called mental illness, disease, or disorder.” — **Bruce Levine, Ph.D., psychologist and author of Commonsense Rebellion**

12. “Unlike medical diagnoses that convey a probable cause, appropriate treatment and likely prognosis, the disorders listed in DSM-IV [and ICD-10] are terms arrived at through peer consensus.”— **Tana Dineen Ph.D., psychologist**

13. “Psychiatry’s claim that mental illnesses are brain diseases is “a claim supposedly based on recent discoveries in neuroscience, made possible by [brain] imaging techniques for diagnosis and pharmacological agents for treatment. This is not true.” —**Dr. Thomas Szasz, Professor Emeritus of Psychiatry, New York University Medical School**

The above sampling of quotes from psychiatrists are quite revealing— especially in the light of the dogmatic statements from psychologized preachers: * Dr. Richard Land:** “This [depression/suicide] is a diagnosable, physiological, neurological condition. It is not an emotional state. It is a physical mental illness.”— ***** Dr. Ed Stetzer:** “... if we are not afraid to put a cast on a broken bone, then why are we ashamed of a balanced plan to treat mental illness that might include medication to stabilize possible chemical imbalances? Christians get cancer, and they deal with mental illness. We’ve long seen the value in the medical treatment of cancer. It’s time for Christians to affirm the value of medical treatment for mental illness as well... **Mental illness has nothing to do with you or your family’s beliefs...**”

RESPONSE: Yes, multitudes have already ‘bought’ the counsel set forth by pastors and other Christian leaders. SADLY, these pastors and Christian leaders are promoting mere psychological theories— not science!

Most tragic of all is that NOT ONE OF THEM zeroed in on the power of the gospel of Christ to give spiritual backbone to saints in the midst of deep trials. INSTEAD, they promote an approach laced with mind changing, life altering drugs which create more slaves, zombies, and suicides than they do positive deliverance.

QUESTION: Is there no longer any place for a Biblical faith? Is there no longer a place for the GOSPEL of God which EMPOWERS saints to win over even the deadliest of mental/emotional/spiritual sins and demons; **and/or over** the mysterious trials of life?

HERE IS A STUNNING, GOOD NEWS, FORGOTTEN REALITY: “The LORD JESUS CHRIST, from the Old Testament alone, was able to handle every counseling case successfully. He was the world’s only perfect Counselor, yet He had none of the “benefits” of modern counselors who now possess, in addition to the Scriptures, the writings of Freud, Rogers, and others! [NOR did Jesus have ‘the BENEFITS’ of the last few decades of a growing mountain of prescription drugs!]

The following is a MERE SAMPLE of applying the precious Word of God!

“I walked into my first East Africa Revival Fellowship Meeting shortly after my conversion in 1961. The meeting Hall was packed with people singing and praising God. Most of the songs were about the Blood of the Lamb that was slain. **As different brethren stood up and confessed their sin, I noticed that no one was paying any attention to the sins confessed!** For before a brother or sister could finish their confession, **the rest of the congregation BURST OUT INTO SONGS OF PRAISE!** Even though my legs were trembling, I finally stood up as well. I confessed my past unfaithfulness to God and the damaged relationships in my life. **Before I finished, people started singing PRAISES FOR THE BLOOD OF THE LAMB!** Before I got back to my seat, one brother came and embraced me and said, “This is victory, brother!” I could not help but notice that these brothers hardly noticed my sin!

Later, it was explained to me, **“What we hear is not your sin, but God’s work in your life.** We hear you giving witness to God’s power to break the chains of sin. Because we know that, left to ourselves, we can never go to a

brother and confess to him, 'I have done foolishly, please forgive me.' **This only happens when grace takes over and pushes pride into a tight corner!**" They went on to explain that the Power of the Holy Spirit that is unleashed by repentance; and that where there is repentance, pride gives way and in its place comes conviction, confession/repentance, and then forgiveness. James 5:16 instructs us, "...confess your faults one to another, and pray one for another, that ye may be healed."

Every time I met some of these brothers, they would greet me with the same threefold challenge: **"Are you repenting? Are you walking in the light? Are you being broken?"** These questions were intended to challenge the kind of fellowship I was having with GOD and with my fellow missionaries. **Foremost, true Christianity is about relationships: I am to LOVE GOD and LOVE my Brothers and Sisters. DEEP SOUL SICKNESS:** When we do not walk in the light, we pile sin upon sin. There is anger and resentment instead of love; contention instead of contentment; concealment where there should be confession; bitterness where there should be forgiveness— **IN OTHER WORDS, A DEEPENING CESSPOOL OF SOUL SICKNESS!**

MOREOVER: Unless we are a light to One Another - To our families and to the Body of Believers to which God has joined us - WE WILL NOT SHINE AT ALL. The light that is in us will turn to darkness. **We must first be BROKEN.** One brother of the East Africa Revival looked at me and said, **"Until God breaks your will, He will never use you. You will only remain a nice loaf of bread!"**

Unless we are broken, we are of no usefulness to God. And unless we are broken, we are of no use to the community of believers to which God has joined us. **In other words, even as the Bible commands me, I must die to my selfish, independent spirit of pride and submit to my brothers and sisters in the fear of God!"**

We refuse to make such confessions and commitments because we are not broken. We are too independent and proud to give ourselves away to imperfect brothers and sisters. **We are too proud and independent to submit to a local assembly and/or to submit to God ordained**

servant leadership in the local church. We insist on being led according to our own dictates, rather than submitting to the plain Word of God. **If we are following Jesus, we remember that it was while we were yet sinners that Christ gave His body to be broken for us. Thus, we wait not for a perfect fellowship of saints.**

Rather, we are God's humble and available servants where God has planted us. Moreover, to not be planted in a local assembly is totally contrary to the clear pattern given in the New Testament.

The New Testament knows nothing of Christians refusing to be under the discipline and authority of a local church. At the LORD'S TABLE, Jesus models the foundation for fellowship in a local assembly of believers. **Our commitment to one another in the local assembly can be no less than His: "This is my body, broken for you!" Let there be no confusion: Jesus is the one and only and sufficient BROKEN sacrifice. But as we WALK IN HIS STEPS, we lay down our lives one for another, for His sake! MULTITUDES DO NOT REALIZE THAT THIS IS 'KEY' TO 'SPIRIT, SOUL, AND BODY HEALTH!**

While many in pride are aloof from commitment to and ministry through local churches, **others are plagued with a different variety of pride. They claim to be too inadequate to serve in the body.** Jesus said to His disciples, "Give them food to eat!" **They sized up their abilities and resources and concluded, INADEQUACY.** Very often, we fail to realize that it is the SMALL THINGS (A few loaves of bread or a widow's small amount of oil) that God wants us to place in His hands. The rod in Moses' hand was but a shepherd's staff. But in the hands of God, it became through Moses, the Rod of God! And so it is with us.

GOD IS CALLING US TO BE FAITHFUL WHERE WE ARE AND WITH WHAT WE HAVE. And such faithfulness will show that, "Little is much in the hands of God!"

Moreover, when we walk in the light and in brokenness, our pride is no longer in control of our thoughts, words and actions. Rather, we are empowered by the Holy Spirit and we are given to each other and to the world as living sacrifices for Christ's sake. **And we are also both humbled**

and encouraged, as we realize that God is above all else leading us into a more intimate relationship with Him and with fellow saints in the body. Christian service is overflow from the love relationship! When we are broken by Grace to serve God's people, we find that brokenness is only the beginning... AND WE FIND HEALING IN OUR SPIRIT, SOUL, AND BODY!

The best friends of JESUS betrayed Him. And somehow we believe that we can serve Jesus and our lot be different from our Master's! So we serve our LORD and we find that there are all sorts of imperfections in the local assembly. We feel, and at times it may be so, that our efforts are being hindered by the very ones we seek to help! So, we want to quit, we want to give up, or we want to leave and serve elsewhere. WE DON'T EVEN SEE that such feelings and thoughts EXPOSE how unlike Jesus we are! Jesus died for sinners and He surely SUFFERS LONG with His disciples! (THANK GOD!) We would do well to understand that we are NEVER LIKE HIM unless we are walking in His steps!

The bottom line is this: Jesus blesses humility. Jesus wants a community of believers who are faithful to Him and who say by their lives, **"THIS IS MY BODY WHICH IS BROKEN FOR YOU!"** (REVIVAL Lessons Out of East Africa!

By F. Kefa Sempangi, edited)

THE APPLIED WORD OF GOD BRINGS HEALING IN THE SOUL and SPIRIT... and either now, or later, will bring healing to our bodies!

Abundant Grace to all! James Bell www.southsidegallatin.org

NEWS NOTES:

SUNDAY SERVICES, March 13, 20, 27... / 2022

1. *** Sunday School at 9:30am: Nursery, Children's classes, Youth, and Adult classes. 2. *** WORSHIP SERVICE at 10:45am!

ADDITIONAL SUNDAY SERVICES:

1. 3/13/22 ... 5pm regular Training Faithful Men\

2. 3/20/22 ... The climax of the service: THE LORD'S TABLE

3. 3/27/22 ... FORTH SUNDAY EVENING WORSHIP SERVICE at 5PM. (Adam, Bradley, and others give specific preparation for this Service.... and, this month, Luke Haskins will be preaching.)

EVERY SATURDAY*** 8:00 AM, — Men's Bible Study! (*Doors open by 7:30am... coffee, juice, donuts, and Hardee's Biscuits are available!*)

***** NEXT Ladies Bible Study, March 22, @ 11:00 AM**

TUESDAYS: WEEKLY Youth Group Meeting, ages 12 and up ... Tuesdays a 7:15pm... at Jaden and Rhi's home...

WEDNESDAY NIGHTS @ SOUTHSIDE:

6:30pm— come in back 'double doors' under the Drive Thru awning!

**** Adult Prayer Service, BACK AT CHURCH BUILDING**

**** Young FAMILIES Prayer Service [ADAM or Jaden weekly communicate as to LOCATION]**

***** LOVE OFFERINGS UNTO THE LORD BY MAIL or by ONLINE GIVING:**

SUCH funds, (if checks), make out to Southside Baptist) — MAIL TO: Southside Baptist Church, P.O. Box 1594, Gallatin, TN 37066/ OR...

TO GIVE via ONLINE GIVING:

<https://southsidebaptist.breezechms.com/give/online>

HEALTH REMINDERS as to CHURCH SERVICES AND as to Responding with WISDOM and NOT fear IN SEEKING TO KEEP AS HEALTHY AS WE CAN— SO AS TO BE ACTIVE IN THE KINGDOM BUSINESS OF THE LORD!

1. IF YOU ARE SICK... [OR if you are in a state of high immune deficiency or if (at home or work) you are caring for one who is sick; or if you have •

Fever; • Coughing; • • Chills; • Headache; • Sore throat; etc.], **Please stay home!]**

2. IF YOU ARE HEALTHY and well... you may or may not choose to wear a mask... WE do not require it. WE CONTINUE to encourage FREEDOM as to ‘social distancing’... masks ... vaccine choices, etc.
— PLEASE HONOR THE LORD, by continuing to give sensitivity and respect one to another.

3. In addition to carefulness, good hydration, good nutrition, and sleep— ALSO: SEEK TO BUILD UP A STRONG IMMUNE SYSTEM! I PERSONALLY TAKE ELDERBERRY, VITAMIN C, ZINC, GINGER, VITAMIN D, Quercetin, and a good multi-vitamin that includes fiber... And I have a PRESCRIPTION of Ivermectin... TO TAKE, if needed.

DO YOUR OWN RESEARCH! BE PROACTIVE! BE PREVENTIVE!

4. LET each of us DO OUR PART IN personal hygiene. [IF you use the restrooms— please wash your hands with SOAP; and use nearby SANITIZER.]

5. HERE IS AN EDUCATIONAL resource from The Association of American Physicians and Surgeons... FROM Doctors who successfully treat covid-19 patients! => <https://breggin.com/covid-19-home-treatment/>

Peter McCullough, MD testifies to Texas Senate HHS Committee. BRIEF. EXCELLENT: → <https://www.youtube.com/watch?v=QAHi3lX3oGM>

The PDF booklet: A Guide to Home-Based COVID Treatment can be downloaded ... **focus is on PREVENTION and early treatment:** COVID Treatment - Truth for Health Foundation <https://www.truthforhealth.org/patientguide/patient-treatment-guide/>

